

Fall Prevention & Safety Program

Friday, October 25,
1 - 3 pm

Washington Township Fire Department
6200 Eiterman Road, Dublin

It's Free! Bring a Friend.



Now is the perfect time to learn more about risk factors that can impact adults 55+ and how you can avoid dangerous falls.

Featured Speaker Rebecca Honaker from the Union County Health Department will share strategies you can employ quickly, easily, and economically to reduce your risk of suffering a fall. According to the World Health Organization, falls are the second leading cause of accidental or unintentional injury deaths worldwide. Adults older than 65 years of age suffer the greatest number of fatal falls.

Hands-on Activities to Help You Be Better Prepared

- Take advantage of a fall-risk screening on a BioSway™ Machine.
- Learn from paramedics about the Vial of Life medical information form when addressing medical emergencies.
- Paramedics can check your blood pressure.
- Test your skills putting out a virtual fire using a “magic” fire extinguisher.
- Clean out your medicine cabinet and bring your unwanted prescription medications. Police officers will properly dispose of them.

Light Refreshments Will Be Available.
It's All Free, and We Hope You Bring a Friend!

Call the Forever Dublin Hub at 614.889.5722 ext 810 or email foreverdublinhub@syntero.org to register.

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